

Women at the Well 2025 Registration Form

Name: _____
 Street / PO Box: _____
 City: _____
 Postal Code: _____ Phone: _____
 Email: _____
 Home Church: _____
 I'd like to room with: _____
 Emerg. Contact & Phone# _____

Age: Under 25 ☐ 25-45 ☐ 45-65 ☐ Over 65 ☐
 Check if you would use a top bunk (dorm accommodation) ☐

Mail registration & payment to:

Susie Cinnamon
 P.O. Box 376,

Chesterville, ON K0C 1H0

Please make cheques payable to: 'Women at the Well'

Phone inquiries: Carol Heymans 613-715-3602

Full payment due upon registration. Payment options are available- please contact us to make arrangements.

More info and/or to register online

www.womenatthewell.ca

2025 Package Prices

Linens and towel included in every package - bring toiletries.

| Bef. | After |
|--------|--------|
| Oct. 1 | Oct. 1 |

Package A – 2 Nights – 5 meals

| | | |
|----------------------------|-------|-------|
| a. Double Room | \$325 | \$345 |
| b. Cabin | \$295 | \$315 |
| c. Dorm (bedding included) | \$300 | \$320 |

Package B - 1 Night (Saturday) – 5 meals

| | | |
|----------------------------|-------|-------|
| a. Double Room | \$245 | \$265 |
| b. Cabin | \$215 | \$235 |
| c. Dorm (bedding included) | \$220 | \$240 |

Package C – 1 Night (Friday) – 3 meals

| | | |
|----------------------------|-------|-------|
| a. Double Room | \$225 | \$245 |
| b. Cabin | \$195 | \$215 |
| c. Dorm (bedding included) | \$200 | \$220 |

Package D – Weekend Pass – 5 meals

| | | |
|---------------------|-------|-------|
| (No Accommodations) | \$170 | \$180 |
|---------------------|-------|-------|

Package E - Saturday Day pass - 3 meals

| | | |
|---------------------|-------|-------|
| (No Accommodations) | \$140 | \$150 |
|---------------------|-------|-------|

Non refundable \$50 fee if cancelled after October 10, 2025

¹³Therefore take up the full armor of God, so that when the day of evil comes, you will be able to stand your ground, and having done everything, to stand. ¹⁴Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness arrayed,
Ephesians 6:13-14

Guelph Bible Conference Centre
485 Waterloo Avenue
Guelph, ON
N1H 3K4

From South: Enter Guelph on Hanlon Expressway, stay in right lane, take the ramp onto Waterloo Ave. look for Woodycrest St., GBCC driveway will be on the left.

From North: Enter Guelph on Hwy 6, turn right on Woodlawn Rd. W. Turn left on Edinburgh Rd. N., turn right on Waterloo Ave., turn right on Woodycrest to GBCC driveway.



Women at the Well 2025



STANDING FIRM

Ephesians 6:13-14

Ephesians 6:13-14



October 24-26, 2025

Guelph Bible Conference Centre

Sponsored by
 Harmony Community Church - Winchester, ON

Schedule of Events

Friday, October 24, 2025

- 6:30 pm Doors open for Registration
- 7:00 pm Pre Service Prayer (location tba)
- 7:30 pm Chapel - Welcome & Session #1
- 9:00 pm After service prayer /fellowship

Saturday, October 25, 2025

- 8:15 am (Saturday registration check in)
- 8:30 am Breakfast in Dining Hall
- 9:15 am Pre-service Prayer (location tba)
- 9:30 am Chapel & Session #2
- 11:00 am Workshops (2 options)
- 12:30 pm Lunch in Dining Hall
- 1:30 pm Workshops (2 options)
- 2:45 pm Chapel for workshop re-cap
- 3:15 - Private time
- 5:15 pm (for reflection, rest or shopping!)
- 5:30 pm Dinner in Dining Hall
- 6:45 pm Pre Service Prayer (location tba)
- 7:15 pm Chapel Session #3
- 9:00 pm Ministry time in the chapel or gather for fellowship in the lounge

Sunday, October 26, 2025

- 8:30 am Breakfast in Dining Hall
- 9:15 am Pre-service Prayer (location tba)
- 9:30 am Praise and Worship, Session #4
- 12:30 pm Lunch and Goodbyes

Things to bring:

Bible, notebook and pen, toiletries, and clothes!

Optional:

Book, slippers, quiet hobby activities (i.e. Knitting etc, colouring)

KEYNOTE SPEAKER: Hope Russell



Hope Russell is a passionate speaker, wife of 36 years, and mother of two sons. Alongside her husband, she has been in ministry for over 15 years in various organizations and together, they founded More Than Conquerors Ministries. She also leads Coffee Expressions Online Ministry, designed to empower believers to walk in their God-given authority. With a heart for revival and a prophetic edge, she carries a message of freedom, identity, and breakthrough, aiming to see women rise up in boldness and power to fulfill their kingdom purpose.

WORKSHOP: Carol Heymans 'Crafting with Carol'

Cost by donation

While this is a fall retreat, we are going to look ahead to the Christmas season and work to make simple individual Christmas wreaths.

The circular shape of the wreath represents eternity, God's everlasting nature and the continuous cycle of life.



WORKSHOP: Joanne Kiss 'Footcare / Diabetic info session'

Joanne is a wife and mom of 2 grown children and has been a nurse for over 35 years, loving what she does! God opened the door for her to do footcare with seniors in her community over 10 years ago and has provided her with many opportunities to minister and pray with her clients as God opens their hearts to accept His love and forgiveness. She considers it a privilege and honour to be able to sit at the feet of her clients as she does the 'last act of service' Jesus did for his disciples



WORKSHOP: Melissa Gates "The Power of Art to Keep Yourself Standing Firm"

Join Melissa as she shares her testimony of God's grace and goodness poured into her life through difficult, unfortunate circumstances. She will share and discuss the benefits of creativity for general stress relief and how therapeutic arts helped her through the process!



WORKSHOP: Cindy McKenna & Barb Rutley "Sword of the Spirit"

Join us in creating a sword with the specific Word that the Lord gives you. His Word is powerful and will be a constant reminder of His ability to equip you with weapons that defeat the power of lies of the enemy.

Ephesians 6:17 & Hebrews 4:12

